

PERSONAL HISTORY FORM

Name _____ Date _____

Please list the following:

Operations

Approximate Date

Pregnancies _____ Deliveries _____ Miscarriages _____ Abortions _____

Hospitalizations (List Reason)

HAVE YOU EVER HAD ANY OF THE FOLLOWING? IF SO, FOR HOW LONG?

Hypertension _____

Diabetes _____

Cancer (type) _____

Heart Disease _____

Emphysema or Asthma _____

Strokes _____

Rheumatic Fever _____

Kidney Disease _____

Tuberculosis _____

Ulcers or Colitis _____

Migraine Headaches _____

Other _____

DO YOU HAVE ANY RELATIVES WITH THESE ILLNESSES? WHO? (relationship)

Hypertension _____

Diabetes _____

Cancer (type) _____

Heart Disease _____

Tuberculosis _____

Emphysema _____

Strokes _____

Kidney Disease _____

Other _____

PLEASE LIST THE HEALTH CONDITION AND AGE OF YOUR PARENTS AND SIBLINGS

Mother _____

Father _____

Brothers _____

Sisters _____



Do you smoke? Yes/No If yes, how much? _____ Do you chew tobacco? Yes/No
Do you drink alcohol? Yes/No If yes, how much per week? _____
How much coffee do you drink a day? _____ cups, Caffeinated? Yes/No
How much tea do you drink a day? _____ glasses, Caffeinated? Yes/No
How many caffeinated soft drinks a day? _____
How many hours of sleep do you get a night? _____ hours
Have you been feeling depressed lately? Yes/No

What kind of work do you do? _____

Are you (please circle) Single Married Divorced Widowed

How old are your children? (if any) _____

Other comments, problems, systems:

For Women:

Please list your number of:

Pregnancies _____ Deliveries _____ Miscarriages _____ Abortions _____ Stillborns _____

Do you menstruate? Yes/No If yes, how long is your cycle? _____ days.

How many days do you bleed? _____ days. Do you have cramping? Yes/No

Do you have vaginal discharge? Yes/No If yes, please describe _____

Do you have any pain during intercourse? Yes/No _____

Do you have any sexual problems? Yes/No _____

Have you ever had a pelvic infection? Yes/No _____

Have you ever had a venereal disease? Yes/No _____

Do you have any hot flashes? Yes/No _____

Do you have any lumps in your breasts? Yes/No _____

Do you have any breast pain or tenderness beyond mild premenstrual tenderness? Yes/No

Have you had discharge from either nipple? Yes/No _____

Do you have any relatives with breast cancer (alive or deceased)? Yes/No

Who? _____

Do you leak urine when you cough, sneeze, or laugh? Yes/No _____
